



Inspiring Young People to Develop their Potential



**Shaftesbury  
Education  
2016 - 2017  
Years 9, 10 & 11**

## About Shaftesbury Alternative Provision

Shaftesbury youth club is a charity based organisation which is now over 130 years old and can trace its roots back to 1886. The educational activities have been running since 2006 and offer courses in uniformed services, sport, business administration and personal development. This side of the business was developed to enable the club to continue the evenings activities if the local council ever stopped the funding.

Traditionally working with years 9, 10 & 11 pupils our aim is to inspire young people and to develop their self confidence and self esteem through achievement of challenges. While at Shaftesbury not only will they achieve an accredited qualification but they be encouraged to participate in arrange of extracurricular activities such as adventurous activities, museum trips, local plays and local workshops.

### Contact Information

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# Shaftesbury Journey



# Level 1/2 Entry to the Uniformed Services

## About the course:

This course is an ideal qualification for any student who may be interested in a career in the uniformed services such as army, fire service and police. This is a practical course that is aimed at increasing the confidence of pupils and enhancing their future employment prospects. The course will offer a wide range of activities including classroom sessions, sports activities and outdoor expeditions. The course will allow students the opportunity to explore which service they are interested in joining and will require them to improve their knowledge of the subject area and monitor their physical fitness

## What it prepares you for:

After the course, pupils will have a greater understanding of the requirements of working for the uniformed services. They should be able to use their knowledge and the qualification gained to support their application for a position of employment within one service.

### Level 1

- Unit 1 - Investigate employment opportunities in the uniformed services
- Unit 2 - Well-being and physical fitness for the uniformed services
- Unit 3 - Team working skills in the uniformed services
- Unit 4 - Developing self-discipline for the uniformed services
- Unit 5 - Health and safety in the uniformed services
- Unit 6 - Carry out map reading and navigation
- Unit 7 - Participate in competitive sports

### Level 2

- Unit 1 - Investigate employment in the uniformed services
- Unit 2 - Physical fitness for the uniformed services
- Unit 3 - Develop Team working and problem solving skills
- Unit 4 - Health and safety in the uniform services
- Unit 5 - Health and hygiene in the uniformed services
- Unit 6 - Follow uniform service routine
- Unit 7 - Exploring equality and diversity for the uniform services
- Unit 8 - Carry out map reading and navigation
- Unit 9 - Undertake adventurous activities
- Unit 12 - Explore volunteering and volunteering opportunities



**NCFE Level 1 Entry to Uniformed Services**  
(601/2457/X) GLH: 325-350 Credits: 37

**NCFE Level 2 Entry to Uniformed Services**  
(601/2456/8) GLH: 370-390 Credits: 43

# Level 1 Personal & Social Development

## Award/Certificate/Diploma

### About the course:

This is the ideal qualification for any student who needs to develop themselves mentally, emotionally and physically. The aim of this qualification is to give learners the opportunity to develop an understanding of issues contributing to their own and others personal and social development. The course will include opportunities of adventurous activities, getting fit, gaining a 1 day First Aid qualification, workshops, talks with local organisations.

### What it prepares you for:

After the course, pupils will have a greater understanding of themselves and have developed skills and confidence to make a difference in their own lives.

### Example Units

- Healthy Living/Lifestyles
- Understanding Identity
- Developing Self
- Managing Risk
- Social & Personal Relationships
- Dealing with problems in Daily Life
- Working as Part of a Group
- Exploring Career Choices
- Career Progression
- Managing Money



### Edexcel Level 1 in Personal & Social Development

Award (500/5859/9)	GLH: 60	Credits: 6
Certificate (500/6829/5)	GLH: 130	Credit's 13
Diploma (600/1845/8)	GLH 370	Credits: 37

## Chance for Change Program

### About the course:

A Chance for Change is a 12 week intense program with students attending one day per week. The program was developed by Shaftesbury Youth Club to give young people a chance to explore and develop themselves for the future. The course is designed to motivate, inspire, develop skills and improve self esteem through arts & crafts, team activities, workshops and group discussions. The course will include opportunities of adventurous activities, getting fit, gaining a 1 day First Aid qualification, workshops, talks with local organisations and much more.

Attached to 'A Chance for Change' will be the **Edexcel Level 1 Award in Personal and Social Development** qualification. The learners will also achieve the QCF Level 2 Emergency First Aid at Work. The program is designed to run over 12 weeks with students attending one day per and the program can be delivered on site at Shaftesbury or in your school.

Overleaf is list of the proposed units that will make up the Award totalling 6 credits.



## Proposed units

- **Unit 4 Developing Self** - This unit aims to introduce learners to ways in which they can reflect on their personal development and how their skills, abilities and behaviours can be improved.
- **Unit 12 Healthy Lifestyles** - The aim of this unit is to explore emotional health and wellbeing and the factors that can influence this. Units will cover drugs, alcohol and sexual health with visits from the Brook and Response.
- **Unit 11 Understanding Personal Identity** - The aim of this unit is to encourage learners to value themselves, understand what can influence self-esteem and have a positive sense of personal identity.
- **Unit 14 Personal and Social Relationships** - The aim of this unit is to examine the nature of complex relationships and the importance of social skills in developing and maintaining complex personal and social relationships. Learners will be encouraged to examine ways of managing their feelings in different situations.
- **Unit 33 Exploring Career Choices** - The aim of this unit is to increase learners understanding of the skills required in the changing world of work. Learners will research careers and identify options open to them.

\*All learners will be required to complete a small work pack per unit along with practical activities.

# Shaftesbury Residential

Shaftesbury have been offering residential to local schools for the past 10 years. Creating a challenging, engaging and fun environment is our aim. All activities are led by fully qualified instructors and supervised by Shaftesbury staff. Over the 3 days each participant will engage in a range of adventurous activities which will help develop their skills such as team working, communication and listening skills. Participants will also learn camp craft and cooking skills and work with our staff to build their self confidence. All Shaftesbury staff that supervise the residential are qualified tutors and mentors and can help with a range of issues that any young person is experiencing.

## Planned Timetable

	Morning	Afternoon	Evening
Day 1	Leave Shaftes at 10:00am, arrive at campsite 11:30am. Set up tents and equipment	Local routed walk	Rock climbing
Day 2	Kayaking & Raft Building	Cave Bus & Archery	Team building
Day 3	Pack away equipment and clean site. Aim to be back at Shaftesbury for 12:00pm		



# Local Wirral Walks

Local Routed walks taking in some of the sight's and scenery of the Wirral and learning about your local area. Widely used as part of our accredited personal development program to give young people the opportunity to unwind, relax and learn about themselves and others.

Here are a few local walks;

- Heswall Dales
- Storton Woods
- Parkgate & Gayton
- Shotwick Village
- Bidston Village & Hill
- Neston & Little Neston
- Frankby & Fields



# Disability Awareness Training

The aim of the course is to give young people the opportunity to experience and understand the challenges faced by disabled people.

The course is based on practical examples and will give them an insight into the barriers disabled people encounter everyday.

Some of the examples of the experiences include using a wheelchair in their local environment, the differing types of visual impairment, hearing impairment and learning disability with examples of communication problems.

The course will also tackle the issues of negativity associated with being disabled and to promote a “Can do” mentality demonstrated by the such positive images as portrayed by such events as the Paralympics.

Certificates of Attendance will be presented on completion of the course



## 2016-2017 Costs

Activity	Price	Details
Personal & Social Development (Accredited by Edexcel) 1 year program	£40 per day per pupil	Lunch provided (Award-£21, Cert- £34, Dip- £96) Registration fees paid by school
Level 1/2 Entry to the Uniformed Services (Accredited by NCFE) 1 year program	£40 per day per pupil	Level 1- £90 Level 2 £95 Registration fees paid by school
Chance for Change Program (Accredited 12 week PSD Course)	£500 per person (Contact for further information)	1 day x 12 weeks Minimum 8 people Lunch provided
2 Nights Residential Inclusive of activities, kit hire, food, travel	£4000	Minimum 8 people Maximum 12 People
Local Routed Walks	£200	4-5 hour trip maximum 12 people
Disability Awareness Training	£20 per head	Non- accredited (2 hours ) Minimum 8 people Maximum 12 people